

SAILING INSTRUCTIONS

2025/26 International Cadet Class of SA South Australian State Championship



ORGANISING AUTHORITY

Adelaide Sailing Club and Pt Lincoln Sailing Club in conjunction with
the International Cadet Class of South Australia

1. RULES

1.1. As per NoR 1 Rules.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official noticeboard at the Host Club.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted on the official noticeboard at the Host Club on the day of sailing.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the Host Club flagpole.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3. Boats shall not leave the shore without official notice of the Host Club.

5. REGATTA SCHEDULE

- 5.1. Up to eleven (11) championship races are scheduled.
- 5.2. There will be a maximum of three (3) races sailed per session.
- 5.3. No warning signal will be made after 1500 on the last scheduled day of racing of each weekend.


5.4.

Schedule of racing:

Day	Date	Time	Scheduled Races	Club
Saturday	6 th November 2025	1300	3	ASC
Sunday	7 th December 2025	1100	3	ASC
Saturday	2026	TBC	3	PLYC
Sunday	2026	TBC	2	PLYC

6. CLASS FLAG & FLEET IDENTIFICATION

Class Flag will be:

Class:	Class Flag:
Australian Championship Fleet	

7. THE COURSES

- 7.1. The course to be sailed will be notified on the official noticeboard prior to each days racing.

8. THE START

- 8.1. The starting line will be between staffs displaying orange flags on race committee boats at each end of the starting line, or a staff displaying an orange flag on the race committee boat at the starboard end and the starting line mark.

9. TIME LIMITS

- 9.1. Time limits and target times (in minutes)

Race Target time (minutes)	Mark 1 Target Time (mins)	Race Time limits (mins)
45	12	80

10. THE FINISH

- 10.1. The finishing line will be between a staff displaying a blue flag on a race committee boat and the finishing mark.

11. PENALTY SYSTEM

- 10.1 Appendix P, Immediate Penalties for Breaking Rule 42, as modified so that P2.3 is deleted and P2.2 shall apply to second and subsequent infringements of Rule 42, shall apply to this regatta.

12. SCORING

12.1. Five (5) races are required to be completed to constitute a series:

- a) When six (6) or fewer races have been completed, a boat's series score will be the total of her race scores.
- b) When seven (7) to nine (9) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- c) When ten (10) or more races have been completed, a boat's series score will be the total of her race scores excluding her two (2) worst scores.

12.2. Appendix A clause 5.3 shall apply

13. PRIZES

13.1. Prizes will be given as described in the Notice of Race.

14. DISCLAIMER OF LIABILITY

14.1. Competitors participate in the regatta entirely at their own risk. See Rule 3, Decision to Race.

14.2. The OA and host club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to or during or after the regatta.

15. SAFETY

15.1. Inflatable lifejackets are not permitted. This changes International Cadet Class Rules C.3.1.(b).

15.2. Attention is drawn to Rule 1.2 and Rule 3.

15.3. Sign On and Sign Off

Boats shall Sign On prior to leaving shore and boats returning to shore shall Sign Off. When races are sailed back to back, competitors need only Sign On and Sign Off on shore once.

15.5 Boats retiring or leaving the course for any reason shall inform the Race Committee Boat either in person, or via a safety or coach boat at the earliest possible opportunity.

16. REPLACEMENT OF CREW OR EQUIPMENT

16.1 Helms shall not be replaced.

16.2 Substitution of crew may be allowed with prior written approval of the ICCASA committee.

17. OFFICIAL NOTICE BOARD

[International Cadet State Championship 2025-26](#)